

# Gastroenterology and hepatology of NW Ohio

Sidney & Lima office  
937.492.1575

## EGD Prep Instructions

Let us know if you have any of the following conditions as you may need special instructions:

- Are taking Coumadin, Plavix or any other blood thinner
- Are Diabetic or may be Pregnant
- Had a Heart Attack or Stroke in the past six months
- Have a Pacemaker or Heart Defibrillator

You will need someone with you At the outpatient surgery center during your procedure. They must be a licensed driver to drive you home.

If you have any questions, we can be reached at 937.492.1575 If after 5:00 pm please leave a message and your call will be returned promptly.

*Ashley Direct Line 937-419-0920*

Date \_\_\_\_\_

Time of Arrival \_\_\_\_\_

**Wilson Memorial Hospital**  
915 W. Michigan St Sidney Oh, 45365  
Pre admin 937.498.2272

**Lima Memorial Hospital**  
1001 Bellefontaine Ave  
Lima Ohio, 45804

## Prep instructions

No food after 12 midnight the night before your procedure.

You can have clear liquids until 5 hours before your arrival time. (no ALCOHOL drinks)

Take heart, blood pressure or seizure medications with a very

Small amount of water at least 3 hours prior.

### Clear Liquids Diet

- Gatorade is preferred
- Clear fruit juices, white grape juice and apple juice
- Kool-Aid or PowerAde Clear soup, broth or bouillon
- Water  
Tea (no coffee - no cream)  
Hard candies  
Soda pop
- Jell-O or popsicles • Nothing red, purple or green